8 WAYS TO BUILD
TRUST WITH YOUR TEAM

By Kavit Haria

TRUST IS BUILT
when someone feels
SEEN, HEARD, AND SAFE.

1 Tell the truth, even when it's hard

Being honest shows your team they can count on you.

2 Listen without interrupting

Let people finish. Show them their voice matters.

3 Stay calm when things go wrong

People trust leaders who don't lose their cool under pressure.

4 Do what you say you'll do

Keep your promises. Even the small ones.

5 Respect people's time

Start on time. End on time. Don't waste their day.

6 Admit your mistakes

No excuses. Just be real and take responsibility.

7 Give credit where it's due

Notice their work. Say thank you. Say it in front of others.

8 Stand up for your team

Defend them, even when they're not in the room.