



Women in Leadership and Management in Animal Health

Mentoring: A Pathway to Growth in Management and Leadership

As we prepare to launch our new mentoring platform, we invite you to think about how you want to participate—whether as a mentor, a mentee, or even both. This platform is designed to foster meaningful connections that can enhance your professional journey and empower you to reach your goals. Mentoring serves as a powerful tool for personal and professional development.

The Power of Mentoring

Mentoring is more than just guidance; it's a transformative relationship that fosters growth, confidence, and resilience. Here are some key benefits of engaging in mentoring:

- **Skill Development:** Mentoring provides opportunities to acquire new skills and knowledge, enhancing your capabilities in your current role and preparing you for future challenges.
- **Networking Opportunities:** Building a mentoring relationship expands your professional network, connecting you with individuals who can offer insights, resources, and support.
- **Increased Confidence:** Having a mentor can boost your self-esteem and confidence, empowering you to take on new challenges and pursue leadership roles.
- **Diverse Perspectives:** Mentoring relationships often bring together individuals from different backgrounds and experiences, enriching your understanding of various viewpoints and approaches.

Benefits of Being a Mentor

Becoming a mentor is not only beneficial for the mentee; it also offers numerous advantages for the mentor. Here are some compelling reasons to consider stepping into this role:

- **Personal Growth:** Mentoring allows you to reflect on your own experiences and knowledge, deepening your understanding of your field and enhancing your leadership skills.
- **Enhanced Communication Skills:** As a mentor, you will develop your ability to communicate effectively, listen actively, and provide constructive feedback—skills that are invaluable in any leadership role.
- **Building a Legacy:** Mentoring enables you to leave a lasting impact on the next generation of leaders. By sharing your insights and experiences, you contribute to the growth and success of others, creating a ripple effect in your organization and beyond.
- **Networking and Connections:** Mentoring can expand your professional network as you connect with your mentee and their contacts, opening doors to new opportunities and collaborations.
- **Increased Job Satisfaction:** Many mentors find that helping others succeed brings a sense of fulfillment and purpose to their own careers, leading to greater job satisfaction and engagement.

Reflecting on Your Mentoring Journey

SAVE THE DATE

WILMAH
WOMEN'S LEADERSHIP SUMMIT

Nov 5-7
St. Petersburg, Florida

Watch for more details!

We are excited to announce the 2025 Wilmah Leadership Summit will take place **November 5-7th in St. Petersburg, Florida.** We will announce more details and open registration soon. In the meantime, hold your calendars. We can't wait to see you there!



WILMAH Webinar Series

**Working Genius,
Discover your Gifts**

with Amy Wedemeyer

**June 26th
12:00 - 1:00 EST**

Registration link available soon. Watch
linkedin and your email to register.

Note: Prior to the session, you will need to take the Working Genius Assessment which can be found here:

[About Us | The 6 Types Of Working Genius.](#)

Do you ever wonder why you like to do the work you do or why you enjoy certain activities but not others? Do you know the gifts you bring to the table that help you shine? Join WILMAH for a unique opportunity to discover insights about what you are naturally drawn to and what this means for how you work and live. WILMAH is excited to have Working Genius Certified Coach, Amy Wedemeyer, lead a session sharing the Working Genius model, detailing the strengths and opportunities of each genius and providing practical application for leveraging your genius.

Working Genius is a new model that helps people discover their natural gifts and thrive in their work and life. When people are better able to understand the types of work that brings them more energy and fulfillment and avoid work that leads to frustration and failure, they can be more self-aware, more productive and more successful.

Working Genius identifies the six fundamental activities that are required for any type of work and provides a simple framework for how work gets done.

**There is a nominal cost of \$25 to take the assessment.



Help us make the 2025 WILMAH Summit the best it can be! Sponsorship of the summit is an investment in the next generation of leaders in animal health.

Email laura.watenpool@virbacus.com or heather.fox@lifelearn.com to learn more!



THANK YOU to OUR SPONSORS!

Diamond



Emerald



Ceva Animal Health



Sapphire



In Kind



WILMAH OFFICERS

Chairperson: Jessica Bayer
 Vice Chair: Trisha Wheeler
 Secretary: Krista Hospodarsky
 Membership: Beth Womack
 Treasurer: Meggan Harris

WILMAH BOARD MEMBERS

Advocacy: Patrick Evans
 Co-Community: Heather Fox
 Membership Relations: Cara Fields
 Mentorship: Melissa Howe
 MarCom: Cathy Martin
 Prof Development: Lesli Stasiek
 Co-Community: Laura Watenpool



WILMAH

Women in Leadership and Management in Animal Health

May 2025

[Unsubscribe](#)