RELIEF ROVER ANNOUNCES THE SECOND ANNUAL CLINIC TO 5K VIRTUAL RACE SUPPORTING VETERINARY WELLNESS

A portion of the proceeds will be donated to <u>PRIDEVMC</u>, an organization that promotes inclusivity and community by creating a better world for the LQBTQ+ Veterinary Community.

Bradenton, FL, April 29, 2022 - Relief Rover is excited to announce the Second Annual virtual "Clinic to 5K" running/walking event the last week of June.

"Our mental health and wellbeing require a sustainable effort. Last year's event was a huge success serving as a way for our hardworking veterinary teams to relax and have some healthy fun while supporting the profession." said Relief Rover Founder and CEO, Dr. Cindy Trice.

Ten dollars from every registration will be donated PRIDEVMC, an organization that supports the LGBTQ+ veterinary community by empowering them to embrace wellbeing by being their authentic selves.

"We are facing unprecedented mental health challenges in the veterinary profession, and our LGBQT+ veterinary colleagues need our unwavering support as many states challenge their basic rights as human beings." said Relief Rover Chief Running Officer, Dr. Juli Goldstein

Registrants also have the opportunity to make additional donations to <u>NOMV</u> and <u>Stryder Cancer Foundation</u>.

Participants are encouraged to complete the virtual race during a one-week window from June 20 – 26. However, they can run or walk the 5K anytime.

Participants are encouraged to train with friends, form teams, run with their dogs, and share their results and experiences via social media. (Use hashtags #runvetrun, #irunforpridevmc, and #reliefrover5K. Special bone shaped race bibs are available for canine participants.

Registration Details

- Regular Registration (\$37) March 22 May 23
- Late Registration (\$45) May 24 June
- Surprise giveaways will be held during the registration window.
- All participants will receive a swag bag that includes a bib with their race number, medal, sunglasses, gaiter, and sponsor materials and gifts.

Everyone is welcome. Those who work in the veterinary industry, pet parents, or anyone who wants to support the people who care for animals. For more

information and to register for the event go to <u>runvetrun.com</u>. For more information contact Dr. Juli Goldstein at <u>Juli@reliefrover.com</u>.

Special thanks to our sponsors:

Title Sponsor: <u>Craig's Vegan</u> Platinum Level: <u>The Social DVM</u> and <u>The Vets</u> Gold Level: <u>Hill's</u>, <u>Plumb's Veterinary Drugs</u>, <u>Fear Free</u>, and <u>Companion Pet</u> <u>Partners</u> Silver Level: <u>VEG</u>, <u>Flourish Veterinary Consulting</u>, <u>Hamilton Law & Mediation</u>, <u>National Veterinary Law Group at Mandelbaum Barrett</u>, <u>Shepherd Software</u>

About Relief Rover

<u>Relief Rover</u> is an online platform connecting hospitals and veterinary relief professionals to each other and resources to help build strong business to business relationships.