RELIEF ROVER ANNOUNCES A \$10,000 DONATION TO NOT ONE MORE VET (NOMV), AN ORGANIZATION HELPING VETERINARY PROFESSIONALS IN CRISIS

Relief Rover held a virtual "Clinic to 5K" running event the last week of July and registered almost 600 runners and walkers that ranged from veterinarians, nurses, customer service reps, and executives to pet parents who believe in supporting the mental health of the veterinary teams who care for their animals.

"The enthusiastic response to this first annual event has been so heartening and is just the kind of positive energy the profession needs. We were delighted to see whole hospitals and corporate groups signing up their teams and running or walking the event together for some great bonding and healthy stress release." said Relief Rover Founder and CEO, Dr. Cindy Trice.

The donation to NOMV was generated from registration fees, sponsors, and optional donations made by participants. Additional donation recipients included <u>PrideVMC</u> and <u>Stryder Cancer Foundation</u>.

NOMV's mission is to transform the status of mental wellness within the profession so veterinary professionals can survive and thrive through education, resources, and support.

"It is with the support of organizations like Relief Rover and all the people who participated in this event that we are able to work toward a healthier veterinary community," said NOMV Executive Director, Darlene Bos.

"NOMV is so thankful to everyone that has participated in the Relief Rover Clinic to 5K. The donations will help us fund our educational programs, grants, and research. And this event was a great introduction to be ready for NOMV's Race Around The World which will be taking place in September." said NOMV Treasurer, Dr. Melanie Goble.

Industry partners sponsoring this event:

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United Veterinary Care

Platinum Sponsors
Hill's Pet Nutrition

<u>RX</u>

The Social DVM Veterinarian Insurance

Gold Sponsors

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VETgirl

Relief Rover is an online platform connecting hospitals and veterinary relief professionals to each other and resources to help build strong business to business relationships. Find out more about Relief Rover at <u>reliefrover.com</u>.

NOMV addresses wellbeing in veterinary medicine through multiple innovative pathways including: the world's largest veterinary peer-to-peer support group; an educational program providing leadership focused on wellness; a support grant program providing immediate financial support; an online crisis support system specifically designed for veterinary professionals; and research to further the advancement of wellness, mental health, and the reduction of suicide in veterinary professionals. Find out more about NOMV at nomv.org.